



## HOOKSUM OUTDOOR SCHOOL WEST COAST OUTDOOR LEADERSHIP TRAINING

Hooksum Outdoor School accepts applications on a first come, first served basis. Each session of West Coast Outdoor Leadership Training will accept a maximum of 12 participants. To secure a spot in the program, send in the completed, signed application form along with a \$400 deposit to Hooksum Outdoor School. (Under special circumstances, Hooksum Outdoor School will hold a space for you for a limited amount of time should your deposit be delayed for some reason.)

### WEST COAST OUTDOOR LEADERSHIP TRAINING PROGRAM COSTS

28-day program	\$4100*
Application/Registration Fee (all programs)	<u>\$100</u>
Total costs	\$4200

\*Includes all course instruction and materials, all certification costs, transportation from Tofino to Hesquiat Harbour (return), use of major equipment, all food and meals and Longhouse accommodation, and on-site boat transportation.

Personal equipment costs (see the Required Equipment and Clothing List) and additional travel costs before and after the program dates are the responsibility of the participant.

### APPLICATION FORM

PROGRAM DATES: \_\_\_\_\_

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

City: \_\_\_\_\_ Province, Country: \_\_\_\_\_ Postal Code: \_\_\_\_\_

PHONE (home): \_\_\_\_\_ (cell): \_\_\_\_\_

FAX: \_\_\_\_\_ E-MAIL: \_\_\_\_\_

I have attached:

\_\_\_\_ Completed Application Form with all necessary signatures.

\_\_\_\_ \$400 (Can.) deposit (includes \$100 registration fee)

I understand that the balance of fees is due 30 days before the start of the Training.

Signature: \_\_\_\_\_

Parent/Guardian signature if student is a minor: \_\_\_\_\_



# HOOKSUM OUTDOOR SCHOOL

## WEST COAST OUTDOOR LEADERSHIP TRAINING

**Medical Form**

The information that you provide on this form is vital: It enables the instructors to reduce the risk of injury or illness complications, as well as to prepare emergency plans in the event that an emergency does occur. Withholding details may contribute to injury or illness complications, and possibly compromise the care provided in the event of an emergency.  
 The information you provide is confidential and will not be used to deny access to the program.

Name of participant: \_\_\_\_\_

Session dates: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Sex: Male \_\_\_ Female \_\_\_ Birthdate: \_\_\_\_\_ Age: \_\_\_\_\_

In case of medical emergency, contact:

Name: \_\_\_\_\_ Relationship to participant: \_\_\_\_\_

Phone: \_\_\_\_\_

BC Carecard Number: \_\_\_\_\_ Note: Please ensure that your medical insurance covers medical services in BC.

Doctor's name: \_\_\_\_\_ Phone: \_\_\_\_\_

I would rate my physical condition as: Excellent \_\_\_ Good \_\_\_ Fair \_\_\_ Poor \_\_\_

Date of last tetanus inoculation/booster: Month \_\_\_ Year \_\_\_ (current if within 10 yrs)

Do you have known allergies?

No \_\_\_ Yes \_\_\_ If yes, please name the allergies and describe your allergic reactions:

\_\_\_\_\_  
 \_\_\_\_\_

Do you have any special dietary requirements?

No \_\_\_ Yes \_\_\_ If yes, please describe: \_\_\_\_\_

\_\_\_\_\_  
 \_\_\_\_\_

Do you have any medical conditions or illnesses (high blood pressure, heart condition, seizure disorder, HIV positive, diabetes, emphysema, asthma, pregnancy, etc.)?

No \_\_\_ Yes \_\_\_ If yes, please describe: \_\_\_\_\_

\_\_\_\_\_  
 \_\_\_\_\_

Do you have a history of joint injuries (sprains, dislocations, etc.)?

No \_\_\_ Yes \_\_\_ If yes, please describe: \_\_\_\_\_

\_\_\_\_\_  
 \_\_\_\_\_

Do you have physical limitations that would effect your participation in the activities of ocean kayaking, hiking, or surfing?

No \_\_\_ Yes \_\_\_ If yes, please describe: \_\_\_\_\_

\_\_\_\_\_  
 \_\_\_\_\_

Do you have psychological limitations that would effect your participation in the activities of ocean kayaking, hiking, or surfing (fear of water, heights, etc.)?

No \_\_\_ Yes \_\_\_ If yes, please describe: \_\_\_\_\_

\_\_\_\_\_  
 \_\_\_\_\_

I have honestly disclosed all of the information requested in the above questions.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian Signature if student is a minor: \_\_\_\_\_



**HOOKSUM OUTDOOR SCHOOL  
WEST COAST OUTDOOR LEADERSHIP TRAINING**

**Hooksum Outdoor School  
West Coast Outdoor Leadership Training**

**Dates:** \_\_\_\_\_

**WAIVER, RELEASE & INDEMNITY**

**Please read carefully, fill in the form and sign below:**

1. In consideration of HOOKSUM OUTDOOR SCHOOL permitting me to participate in its programs and activities and to use its equipment, including, without limitation, surfboards, kayaks and motor boats used for travel to and from any locations at which such programs, activities, and use of equipment may occur (the "Activities") I HEREBY FOR MYSELF, MY HEIRS, EXECUTORS, ADMINISTRATORS, AND ASSIGNS WAIVE, RELEASE AND FOREVER DISCHARGE HOOKSUM OUTDOOR SCHOOL or any of its affiliates from and against all claim, actions, causes of action, costs, expenses and demands by reason of any damage, loss, death or injury to my person or property arising out of or in connection with my participation in the Activities, notwithstanding that the same may have been contributed to by the negligence of HOOKSUM OUTDOOR SCHOOL.
2. I RECOGNIZE AND ACKNOWLEDGE that the Activities may expose me to risks and hazards, some of which are inherent in the nature of wilderness camping, sea kayaking and surfing, including, without limitation, the unpredictability of weather and sea conditions, and some which may result from other causes, including without limitation, errors of human judgment. I AGREE to assume all such risks and hazards, and I FURTHER AGREE to bear all costs of rescue or medical attention rendered to me, or for my benefit, arising from the Activities. I understand HOOKSUM OUTDOOR SCHOOL intends to minimize these risks by providing capable instruction, knowledge of local sea and weather conditions and experience in rescue and first aid treatment. I ACKNOWLEDGE AND AGREE however, THAT I AM ULTIMATELY RESPONSIBLE FOR MY OWN SAFETY and that HOOKSUM OUTDOOR SCHOOL is not able to guarantee or assume responsibility for my safety during my participation in the Activities.
3. I GIVE PERMISSION to Hooksum Outdoor School to have a first aider and/or physician tend to me should it be necessary.
4. I CERTIFY that I am medically and physically fit to participate in the Activities.

NAME (please print): \_\_\_\_\_

ADDRESS: \_\_\_\_\_

SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

Parent/Guardian Signature if student is a minor: \_\_\_\_\_



# HOOKSUM OUTDOOR SCHOOL WEST COAST OUTDOOR LEADERSHIP TRAINING

## Refund Policy

### **Fees are due 30 days before the start of the Training.**

Where total fees have not yet been collected, Hooksum Outdoor School is not responsible for refunding more than has been collected to date.

1. Hooksum Outdoor School will provide a full refund, including deposit, if the program is cancelled by Hooksum Outdoor School. Hooksum Outdoor School is not responsible for costs associated in these cases. We recommend that students consider refundable transportation/accommodation options.
2. Hooksum Outdoor School will provide a full refund – minus the \$100 non-refundable registration fee – if a student withdraws from the program more than ten (10) days before the program starts.
3. Hooksum Outdoor School will retain 30% of the program fees if a student withdraws from the program less than ten (10) days before the program starts.
4. Hooksum Outdoor School will retain 30% of the program fees if a student leaves the program or is dismissed within 10% of the program’s duration.
5. Hooksum Outdoor School will retain 50% of the program fees if a student leaves the program or is dismissed within 30% of the program’s duration.
6. Hooksum Outdoor School will retain full fees if a student leaves the program or is dismissed after 30% of the program.

I have read and understand the Hooksum Outdoor School refund policy:

Signature: \_\_\_\_\_

Parent/Guardian Signature if student is a minor: \_\_\_\_\_

## Dismissal Policy

While dismissals are rare at Hooksum Outdoor School, it is necessary for each participant to understand and accept the following policies. Please read and sign below to verify that you understand this policy:

The following will result in dismissal:

- Abusive behavior directed at other participants, staff, or visitors.
- The use of alcohol or illegal non-prescription drugs while in attendance at Hooksum Outdoor School.
- Physical abuse or non-accidental damage of Hooksum Outdoor School's property or BC Parks or Hesquiaht First Nation property.
- Endangering yourself or others by not abiding by the safety guidelines outlined by course instructors.
- Consistently refusing to cooperate with instructors and staff or other participants.
- Fraudulent information on your application or medical forms.

Signed: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian Signature if student is a minor: \_\_\_\_\_



## HOOKSUM OUTDOOR SCHOOL WEST COAST OUTDOOR LEADERSHIP TRAINING

### REQUIRED EQUIPMENT AND CLOTHING LIST

Please remember to bring the items on the Equipment List and any other items that you wish to have for the month. There is no store nearby, nor is there regular water taxi or float plane service to Hesquiaht Harbour - you won't be able to buy items that you forgot.

#### EQUIPMENT

- 3 season tent or tent with adequate tarp – be prepared for at least some rainy weather
- Sleeping bag (3 season bag / rated to -7C )
- Sleeping bag liner or overbag or extra blanket – some nights especially in the earlier spring or later fall can be pretty chilly
- Sleeping pad
- Water bottle (1 litre)
- Back Pack (large enough for overnight outings)
- Wet suit - we recommend at least an all-season hooded 5/3mm or 5/4mm, something that is comfortably fitting and keeps you warm immersed in the cold water
- Neoprene booties and gloves
- Flashlight (or headlamp) and batteries

#### CLOTHING ETC.

- Raingear (waterproof jacket with hood or hat and pants)
- Fleece or other warm jacket
- Clothing that can be layered (fleece, vests, sweaters)
- Woollen/fleece gloves or mitts
- Woollen/fleece hat
- Long underwear (tops and bottoms)
- Casual, comfortable clothing - at least two or three shorts, four or five pants, shirts, underwear, socks
- Rubber boots
- Sandals (for wear in the water)
- Lightweight hiking boots or sturdy walking shoes
- Sun hat
- Towels
- Toiletries
- Insect repellent (non-aerosol spray)
- Sunscreen

#### OPTIONAL

Camera  
Surfboards – also available at Hooksum  
Lifejacket – also available at Hooksum  
Dry bags – also available at Hooksum  
Diary/Journal  
Biodegradable laundry soap (like Camp Suds)

#### ITEMS NOT PERMITTED:

- Electronic equipment (radios, walkmans, video games, etc.)
- Alcohol and/or illegal drugs

NOTE: There is no cell phone coverage at Hooksum Outdoor School.